

# Through process art I'm learning...

fine motor skills, gross motor skills, hand-eye co-ordination, language, co-operation, wonder, thinking, risk-taking, problem solving, counting, colors, shapes, dimensions, measuring, chemistry, physics, storytelling, inventing, self-expression, teamwork, project management, my likes and dislikes, to explore, to try, to daydream, to ask questions, to relax, to challenge myself, to pause, to observe, about people, about creativity,

## and about being me.